



Health and Physical Education Consultation 2023 Community Survey Report



Schools are required to consult their community every 2 years on their Health and PE Statement



169

responded to
the survey

88%

of those who answered the survey **endorsed** our draft Health and PE curriculum statement



This Health and PE statement
can now be confirmed.

Thank you for taking the time to complete the survey.

This statement is in place for
the next 2 years.



Our next community Health
PE Consultation will take
place in 2025.



We will keep you informed when our programmes are happening via



Emails



Newsletter



Parent info evenings



Links to programmes

Parents do have the option to withdraw their child from a programme. They will be provided alternative work in another learning space.

Mellons Bay School is inclusive and will continue to run the programmes that have served us well. A list of these programmes can be found on our [school website](#).

A summary of findings from our survey and responses to the original community questions can be found on our school website under '[Updates](#)'.



Health and Physical Education Delivery Statement

At the heart of Mellons Bay School Health and Physical Education Curriculum is our vision "Learning to Navigate our Changing World", while showing respect, responsibility and resilience. We believe that health education is an essential aspect of a well-rounded education, and our aim is to empower students with the knowledge, skills, attitudes, and values needed to live a healthy lifestyle and contribute positively to the well-being [hauroa] of themselves, others and their communities.

Our students will learn about a wide range of topics, including nutrition, movement, mental health, body awareness and disease prevention. Students will be encouraged to think critically, ask questions, and seek out reliable information to make informed decisions that support their physical health and hauroa.

At Mellons Bay School The Health and Physical Education Curriculum supports the development of our Student Learner Profile, whereby our students are empowered to be caring, confident, connected, communicative, and creative learners by promoting a healthy lifestyle. The students are encouraged to:

- Take care of themselves and their communities, and they are supported to become caring individuals who demonstrate empathy and compassion towards others.
- Gain confidence in their abilities to make informed decisions that support their health, well-being and physical activities.
- Learn effective communication skills that enable them to express their needs and wants, as well as to actively listen to others.
- Learn to connect with others through practices such as collaborative learning and community projects, and connect with themselves through self-reflection and by developing learner agency.
- Foster creativity by valuing a diverse range of perspectives and encouraging creative problem solving and innovative thinking.

Health and Physical Education Delivery Statement

With children at the centre, the Mellons Bay School Health and Physical Education Curriculum is responsive to the needs, ages and stages of development.

Please go to our Mellons Bay School website for further details on the programmes, frameworks, activities and EOTC opportunities that we provide.

Our teachers are provided with Professional Learning and Development. These include: regular staff meetings along with team meeting discussions.

Mellons Bay School also utilises external providers to enrich programmes i.e Life Education and Mitey.

The school expects to see the children having multiple opportunities to build on their strengths, needs and interests and experience success as they navigate through the delivery of The Mellons Bay School Health and Physical Education Curriculum.

August 2023